



# Medical Health Certificate

This certificate is required for enrollment at ITESO University. It is the only acceptable form and should be filled out legibly. The certificate should be filled out by a registered family doctor or physician of your choice; should any false information be submitted, ITESO University is not legally liable. All information is confidential and only medical and infirmary personnel will have access. The candidate will not be denied access because of a specific illness or sickness. In order for this certificate to be valid, all information requested must be included.

Date \_\_\_\_\_ Name \_\_\_\_\_ ITESO Student Number \_\_\_\_\_

Date of Birth \_\_\_\_\_ Place of Birth \_\_\_\_\_  Female  Male

## Personal History

	Yes	No
1. Have you had any epileptic crises?		
2. Have you had any asthmatic crises?		
3. Do you wear glasses?		
4. Do you smoke regularly?		
5. Do you drink alcoholic beverages regularly?		
6. Have you been hospitalized in the last year?		
7. Have you had any major surgery, illness or injury?		
8. Have you ever fainted or lost consciousness?		
9. Are you allergic to any medicine or food?		
10. Are you under medical treatment?		
11. Do you have any limitations to practice sports?		
12. Have you had any limitations to practice sports?		

If the answer to questions 6 to 12 is "Yes", please specify with further information.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Physical Exam

\_\_\_\_\_  
Weight \_\_\_\_\_  
Height \_\_\_\_\_  
Blood pressure \_\_\_\_\_  
Heart rate \_\_\_\_\_  
Respiratory rate \_\_\_\_\_  
Extremities \_\_\_\_\_  
Heart \_\_\_\_\_  
Abdomen \_\_\_\_\_  
Other issues or concerns \_\_\_\_\_  
Recommendations \_\_\_\_\_

## Laboratory Tests (Please write in numerical results and not words such as "normal" or "abnormal." Do not attach results.)

### Blood test (in numbers)

Glucose \_\_\_\_\_ Urea \_\_\_\_\_ Uric acid \_\_\_\_\_ Blood type \_\_\_\_\_ Rh \_\_\_\_\_  
Hemoglobin \_\_\_\_\_ Erythrocytes \_\_\_\_\_ Leucocytes \_\_\_\_\_

I certify that I have examined the student in aspects mentioned above, and I consider him/her apt for academic study and physical activities.

Doctor's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

E-mail address \_\_\_\_\_ Signature \_\_\_\_\_

**Information below should be filled in by student**

En case of a medical emergency, I should be transferred to: Civil  Private   
Hospital Hospital \_\_\_\_\_

Local Contact \_\_\_\_\_ Local Phone Number \_\_\_\_\_ Student's Signature \_\_\_\_\_

Turn in the completed form to the Registrar's Office.